

FLYING EGG

BREAKFAST MENU



served free range egg

SIMPLE

TOAST / 5(2) 3(1)

-artisan sourdough, inch raisin, turkish bread
+GF 2
-strawberry jam, butter,
marmalade,peanutbutter,vegemite

DELUXE BREKKY ROLL 14

two free range eggs eye bacon tasty cheese
hashbrown tomato relish with turkish bread

BRUSCHETTA

AVOCADO&FETA/16

smashed hass avocado
cherry tomato feta mint
on sourdough
+ poached egg 3.5



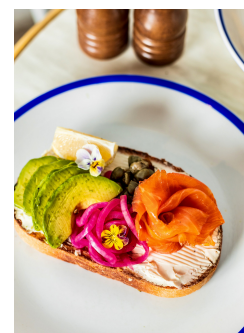
MUSHROOM&RICOTTA/16

sauteed mushroom
crunch kale fresh ricotta
mushroom chips crumble
balsamic glaze on
sourdough
+ poached egg 3.5

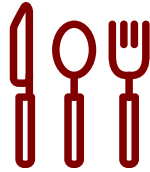


SMOKED SALMON&AVO/19

smoked salmon red onion
pickle baby caper cream-
cheese on sourdough
+ poached egg 3.5



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BOWL

STEEL CUT PORRIDGE/17.9

caramelized banana berries grapes
candied pumpkin seeds cinnamon

ACAI/18.9

fresh banana mixed berries honey granola
chia seeds + peanutbutter 2

FRENCH TOAST/18.9

brioche loaf lemon curd berries vanilla ice-
cream persian fairy floss dried fruit pistachio

PLATE

VEGETARIAN OMELETTE /19.8

baby spinach mushroom cherry tomato
italian herb parmesan feta with sourdough

CHILLI OMELETTE /19.8

double smoked ham mushroom chilli
parmesan mozzarella with sourdough

BENEDICT DOUBLE BACON/22

wilted spinach hashbrown petite seeds
poached eggs on sourdough & hollandaise

BENEDICT SMOKED SALMON/24

fresh wild rocket baby caper
poached eggs on sourdough & hollandaise

FLYING EGG BREAKFAST/ 16

two sunny side fried eggs eye bacon
grilled tomato on sourdough

EGGS ON YOUR WAY/12

scramble/ poached / fried on sourdough

ADDITIONS

hash brown/2 hollandaise/2 tomato relish/2
tomato/3 feta/3 egg/3.5 baked bean/3
avocado/4 halloumi/4 spinach/4 bacon/4
mushroom/4 chorizo/6 smoked salmon/7